



<p><b>Sanitation</b>  What licensing requires:</p> <ul style="list-style-type: none"> <li>●Equipment / toys are cleaned &amp; sanitized at least weekly.</li> <li>●Staff and children wash their hands before and after eating or handling food, after toileting or diapering, playing outside, wiping noses or handling animals.</li> <li>●Animals are clean, in good health, not dangerous or aggressive.</li> <li>●Animals are not allowed in food preparation, storage or dining areas.</li> <li>●Animal cages are clean &amp; sanitary.</li> <li>●Children do not assist in the cleaning of animals or equipment.</li> <li>●Children do not handle reptiles.</li> <li>●Housekeeping and maintenance is adequate to maintain a clean and safe environment.</li> <li>●The center has adequate cooling, heating and lighting.</li> </ul>	<p>What parents should do:</p> <ul style="list-style-type: none"> <li>●Observe that there are paper towels and soap available for care givers and children to wash hands.</li> <li>●Discuss your child’s allergies with care givers.</li> <li>●Observe that the child care center is clean, cheerful, spacious, and well-lighted and free of persistent offensive odors.</li> </ul>
<p><b>Personnel / Training</b>  What licensing requires:</p> <ul style="list-style-type: none"> <li>●Requires director to be at least 21 years old, no criminal record, (if employed after July 1998) have Bachelor’s or Associate degree in Child Development or a related field and have a state or national certification.</li> <li>●Requires staff to be at least 18 years old, no criminal record, and have 20 hours per year of training in specific areas of child health and safety. Staff are not required to have state or national certification.</li> </ul>	<p>What parents should do:</p> <ul style="list-style-type: none"> <li>●Ask about the center’s director and staff qualifications and training to ensure they meet your child’s needs and family’s expectations.</li> <li>●Ask who you should contact should you have concerns when the director is not present.</li> </ul>
<p><b>Discipline:</b>  What licensing requires:</p> <ul style="list-style-type: none"> <li>●Discipline measures are positive in nature and do not include:</li> <li>●Use of corporal punishment restraint or confinement.</li> <li>●Use of abusive, demeaning or profane language.</li> <li>●Forcing or withholding food, rest or toileting.</li> </ul>	<p>What parents should do:</p> <ul style="list-style-type: none"> <li>●Discuss with the provider what forms of discipline is appropriate to use with your child.</li> </ul>

# PARENT’S GUIDE TO LICENSED CHILD CARE CENTER RULES

This guide summarizes the minimum health and safety standards that are regulated through the Utah Department of Health / Bureau of Licensing and points out areas that parents may investigate and monitor on their own. The Bureau of Licensing conducts annual unannounced inspections of centers and investigates complaints. We encourage parents to discuss any questions or concerns with the center owner or director.

Parents may contact the Bureau of Licensing with complaints, questions or to request a copy of the Utah State Child Care Center Rules at : 1-888-287-3704 or your regional licensing office:

538-9299 (Salt Lake)  
444-2950 (Layton)  
374-7688 (Provo)

You may also visit our website at <http://www.health.state.ut.us>.



The Office of Child Care (OCC) publishes a guide for selecting child care entitled, “What is Quality Care for Young Children”. You can receive a copy by calling OCC at 801-622-7390 or download a copy from their website, [www.dws.state.ut.us](http://www.dws.state.ut.us). For help finding child care, call your local Child Care Resource and referral agency.